

## CLAIMS

1. An electrical cable system comprising:  
a first electrical cable comprising:  
  
a strip shaped insulation material;  
  
at least one electrical conductor disposed within the strip shaped insulation material;  
  
a second electrical cable comprising:  
  
a groove shaped insulation material for receiving the strip shaped insulation material;  
  
at least one electrical conductor disposed within the groove shaped insulation material,  
  
wherein the first electrical cable and second electrical cable may be releasably joined to form a co-joined cable by mating the strip shaped insulation material with the groove shaped insulation material.
2. The cable system of claim 1 further comprising an actuator, wherein the actuator comprises:  
a first end defining a single aperture through which the first electrical cable and second electrical cable pass through; and  
  
a second end defining a first and second aperture separated by a divider, wherein the first electrical cable passes through the first aperture and the second electrical cable passes through the second aperture, wherein the actuator is capable of bi-directional movement along the cable system, and wherein movement of the actuator in a first direction joins the first electrical cable and second electrical cable and movement of the actuator in a second direction releases the first electrical cable from the second electrical cable.

3. The cable system of claim 1, wherein the first electrical cable and second electrical cable are joined using a releasable press-and-fit seal.
4. The cable system of claim 1, wherein the insulation material comprises polyvinyl chloride.
5. The cable system of claim 1, wherein the strip shaped insulation material further comprises a protruding edge for interlocking with the groove shaped insulation material.
6. A headset comprising:
  - a first speaker coupled to a first electrical cable; and
  - a second speaker coupled to a second electrical cable,wherein the first electrical cable comprises an electrical conductor disposed within a first insulation material, and wherein the first insulation material is shaped to form a first component of a releasable press and fit seal, and wherein the second electrical cable comprises an electrical conductor disposed within a second insulation material, wherein the second insulation material is shaped to form a second component of the releasable press and fit seal.
7. The headset of claim 6, further comprising a microphone for receiving a voice audio signal.
8. The headset of claim 6, wherein the first insulation material is strip shaped and the second insulation material is groove shaped, wherein first electrical cable and second electrical cable may be releasably joined by inserting the first insulation material into the second insulation material.
9. The headset of claim 8 further comprising an actuator, wherein the actuator comprises:
  - a first end defining a single aperture through which the first electrical cable and second electrical cable pass through;

a second end defining a first and second aperture separated by a divider, wherein the first electrical cable passes through the first aperture and the second electrical cable passes through the second aperture, wherein the actuator is capable of bi-directional movement along the cable system, and wherein movement of the actuator in a first direction joins the first electrical cable and second electrical cable and movement of the actuator in a second direction releases the first electrical cable from the second electrical cable.

10. An electrical cable system comprising:

a first electrical cable comprising:

a first strip shaped insulation material;

at least one electrical conductor disposed within the strip shaped insulation material;

a first groove shaped insulation material; and

a second electrical cable comprising:

a second strip shaped insulation material for inserting into the first groove shaped insulation material;

a second groove shaped insulation material for receiving the first strip shaped insulation material; and

at least one electrical conductor disposed within the second strip shaped insulation material,

wherein the first electrical cable and second electrical cable may be releasably joined to form a co-joined cable by mating the first strip shaped insulation material with the second groove shaped insulation material and mating the second strip shaped insulation material with the first groove shaped insulation material.

11. The cable system of claim 10 further comprising an actuator, wherein the actuator comprises:

a first end defining a single aperture through which the first electrical cable and second electrical cable pass through; and

a second end defining a first and second aperture separated by a divider, wherein the first electrical cable passes through the first aperture and the second electrical cable passes through the second aperture, wherein the actuator is capable of bi-directional movement along the cable system, and wherein movement of the actuator in a first direction joins the first electrical cable and second electrical cable and movement of the actuator in a second direction releases the first electrical cable from the second electrical cable.

12. The cable system of claim 11, wherein the first electrical cable and second electrical cable are joined using a releasable press-and-fit seal.

13. The cable system of claim 10, wherein the insulation material comprises polyvinyl chloride.

14. The cable system of claim 10, wherein the first and second strip shaped insulation material further comprise a protruding edge for interlocking.

15. An electrical cable system comprising:

a first electrical cable comprising at least one electrical conductor disposed within a first insulation material;

a second electrical cable comprising at least one electrical conductor disposed within a second insulation material; and

a means for releasably joining the first electrical cable with the second electrical cable to form a co-joined cable.

16. A method for managing an electrical cable comprising:

providing a first electrical cable comprising a strip shaped insulation material with at least one electrical conductor disposed within the strip shaped insulation material;

providing a second electrical cable comprising a groove shaped insulation material for receiving the strip shaped insulation material with at least one electrical conductor disposed within the groove shaped insulation material; and

mating the strip shaped insulation material with the groove shaped insulation material to releasably join the first electrical cable and second electrical cable.

17. The method of claim 16 further comprising:

providing an actuator with a first end and second end, wherein the first end defines a single aperture through which the first electrical cable and second electrical cable pass through, and the second end defines a first and second aperture separated by a divider, wherein the first electrical cable passes through the first aperture and the second electrical cable passes through the second aperture; and

moving the actuator in a first direction to join the first electrical cable and second electrical cable and moving the actuator in a second direction to release the first electrical cable from the second electrical cable.